



June 2005

Kevin Trudeau's

NaturalCURES newsletter

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THE NATURAL WAY TO CURE CANCER

If you are not concerned about cancer you should be. In America more people are being diagnosed with cancer than ever before in history. If you get cancer you have a higher chance of dying of cancer than ever before in history. Cancer rates continue to rise. Cancer fatalities continue to rise. The war on cancer has been a dismal failure. Over \$250 billion has been spent on trying to allegedly prevent and cure cancer. How in the world can \$250 billion be spent, yet cancer rates and fatalities continue to rise? The answer, in my opinion, is cancer is an industry. Billions of dollars in profits are made in the treatment and testing of cancer. In my opinion, the pharmaceutical industry simply does not want cancer to be prevented or cured. The evidence of this goes back over fifty years when Jonas Salk cured polio. Let's think for a moment about how many diseases have been cured in the last fifty years. The answer is no disease has been cured! Every single disease is on the increase. The last disease that was ever cured was polio. How did it get cured? Well, at the time polio was a billion dollar a year business. The treatment of polio was very profitable. The pharmaceutical industry continued to state that they were working on a cure for this dreaded disease. Billions of dollars were being funneled into the pharmaceutical companies' coffers by foundations and the government, all trying to research and come up with a way to prevent and cure the disease of polio.

As I have stated before, any time a pharmaceutical company does research, it is simply conducting research to try to find a patentable drug that it can sell and make millions of dollars. It does not want to cure disease or prevent disease; doing so would put the companies out of business. This was the case with polio. It wasn't until Jonas Salk's wife developed polio that a cure was developed. When Jonas Salk's wife developed polio, Jonas Salk simply said enough is enough. He went into a laboratory and within six months developed the cure for polio. He never made a penny on his discovery. Polio was cured, never to be the horrible menace that it once was. People would no longer fear getting polio and suffering a lifetime of illness due to the horrible disease. The problem was the polio industry virtually went bankrupt overnight. At that time, a secret meeting was held with the heads of the major pharmaceutical companies, the American Medical Association, and past commissioners of the FDA. This "cartel" discussed the financial implications of curing disease. It was at this

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secret meeting that the decision was made that curing disease was unprofitable and it would not be tolerated. That is why there has never been a cure for any disease since that time. The decision was simply made to convince people that "We are so close to finding a cure." when nothing could be further from the truth.

The fact is there are ways to prevent disease, and there are ways to cure disease with natural means. The most important thing for you to consider is the pharmaceutical cartel wants more people to get cancer. Cancer is the most profitable industry in the entire field of medicine and health. There are major financial incentives to increase the percentage of people getting cancer. In my opinion, this cartel is knowingly producing products that give us cancer, therefore increasing their profits. This cartel has been incredibly aggressive at trying to discredit and wipe out any person who exposes the causes of cancer and educates people on ways to prevent and cure cancer. This is not new. Back in 1972, a book was written called *Cancer: Causes, Prevention and Treatment* by Paavo Airola. In his introduction Paavo Airola states, "First, I want to make it perfectly clear that I do not offer a cure for cancer. I only report how cancer is successfully treated in several of the biological clinics in Europe. I do this mainly to protect myself against prosecution by overzealous government agencies who, in the name of protecting the public, mercilessly attack anyone who not only dares to advise but even to report on unorthodox cancer therapies that work."

The causes of cancer are known yet suppressed. If you ask anyone what causes cancer, no one knows! Ask a man, "What is the cause of prostate cancer?" No one knows. Ask a woman, "What is the cause of breast cancer?" No one knows. Ask anyone, "What causes liver cancer, lymphatic cancer, or stomach cancer?" No one knows. The reason no one knows is the pharmaceutical industry continues to state the lie that the cause of cancer is not known! This is a lie. The cause of cancer is known, and the cure of cancer is also known. The cure for cancer is; simply stop doing the things that are causing the cancer! This is an oversimplification, but the fact is that there are clinics around the world that cure cancer in virtually

100 percent of the cases without chemotherapy, radiation, drugs, or surgery. Unfortunately, in many states in America it is a criminal offense to cure someone of cancer without using chemotherapy, radiation, drugs, and surgery. There are doctors in America who are being imprisoned for committing the crime of curing a patient of cancer without using chemotherapy, drugs, radiation, and surgery. How insane. What causes cancer? Here are the basic causes of cancer:

1. Toxins. As I mentioned in my *Natural Cures* book, the number one reason people get sick or have any disease is; too many toxins in the body. Toxins are the number one cause of cancer as well. The basic or main toxins that cause cancer include:
 - a. smoking;
 - b. mechanical, physical, and chemical irritation;
 - c. food additives, such as DES or diethylstilbestrol, which is used in food production primarily in meat products. Eighty-five percent of all meat in the United States contains dangerous residual amounts of this poison. This is why many countries around the world refuse to import American meat. This particular food additive also speeds up sexual maturity in young women;
 - d. artificial sweeteners, such as saccharine and aspartame;
 - e. nitrites used in processed meat products;
 - f. hexachlorophene, which is used in many cosmetics, soaps and deodorants;
 - g. food dyes;
 - h. nonprescription and prescription drugs;
 - i. almost all oil used in cooking in restaurants because it is rancid;
 - j. chemicals used in cleaning products;
 - k. and many other types of toxins.

So the number one reason you have cancer is the toxins that are purposely being put in our food, our

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water, our air, our cosmetics, soaps and cleaning supplies that all wind up in our bodies.

2. Nutritional Deficiencies. The second cause of all cancers is nutritional deficiencies. Even the U.S. Government states that at least one-half of all Americans suffer from varying degrees of nutritional deficiencies. In hundreds of studies from around the world, it is conclusive that even a deficiency in just one vitamin or mineral, or other nutritive substance lowers resistance to infection and disease, and increases risk of cancer. From these studies it states that:

even a mild deficiency of choline produces cancer of the liver;

Vitamin E deficiency increases the risk of leukemia;

iodine deficiency leads to cancer of the thyroid;

deficiencies of various B vitamins result in liver damage, as well as cancers;

deficiencies in zinc lead to cancer of the prostate;

Vitamin A deficiencies lead to tumor developments;

and on, and on, and on.

3. Electromagnetic Chaos. The next cause of all cancers is electromagnetic chaos. I have mentioned this in previous newsletters, such as cell phones, microwaves, high-definition TVs, laptop computers, and any and all wireless devices categorically, 100 percent lead to and cause the body to be susceptible and prone to developing cancer.

4. Emotional Stress. The last reason people develop cancer is emotional stress, which makes the body turn acidic, creating an environment where cancer can develop rapidly.

As I mention in my book *Natural Cures*, the natural cure for all disease is simply stop putting toxins in the body, and cleanse the toxins that are in your body out of the body; handle any nutritional deficiencies you have; eliminate, neutralize or reduce electromagnetic chaos; and reduce emotional stress. When you do these things the body comes back into balance and you virtually can never be sick.

I want to talk in this article specifically about some of the toxins that specifically relate to cancer. In my book I mentioned that if you can't eat it you shouldn't put it on your skin. This is something that many people blow off as not that important or significant, but I want you to re-evaluate this. Many of the products used in cosmetics, skin care, soaps, detergents, shampoos, etc. contain ingredients that are categorically cancer causing. Here are a couple of examples.

DEA or diethanolamine. This particular ingredient has been found in over 600 home and personal care products. These products include shampoos, conditioners, bubble baths, lotions, cosmetics, soaps, laundry and dishwashing detergents. It is just one of an estimated 125 ingredients used in home and personal care products that have been proven to cause cancer. Dr. Samuel Epstein, author of *The Safe Shopper's Bible*, and founder of the American Coalition to Prevent Cancer, is considered the world's leading authority on toxicology. He believes that DEA categorically causes cancer. Yet even though the FDA knows that this ingredient, as well as many others, leads to cancer, it remains in the products you buy. Why? Because the multinational conglomerates that own these companies want you to get cancer. They need to make their products as cheaply as possible to increase their profits and they know that if you use their products cancer rates will continue to rise and they will make billions more on all the cancer treatments that they have a monopoly on.

Consider this: propylene glycol is the main ingredient in antifreeze, yet go into your household cabinets and look at your toothpaste, underarm deodorant, shampoo, conditioner, lotions, soaps, or what have you and you will be amazed when you see

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propylene glycol. You will also see something called sodium lauryl sulfate. Propylene glycol is everywhere, yet it gives you cancer! It is a colorless, viscous liquid used in antifreeze solutions and hydraulic fluids, and as a solvent. It is not only used in brake and hydraulic fluids, paints and coatings, floor wax, pet food, tobacco products, and laundry detergents, but also in cosmetics, toothpastes, shampoos, deodorants, lotions and processed foods. You will even find it in baby wipes. Check the labels, you will be amazed. This is why pets are getting more cancer than ever before. Pet food companies are using it in pet food. This is why children are getting cancer at a higher rate than ever before. In addition to causing cancer, propylene glycol also causes dermatitis, kidney damage, and liver abnormalities. It can cause skin rashes, dry skin, and skin damage. It is a major irritant to the skin. It also can cause nausea, headaches, vomiting, depression, and gastrointestinal disturbances. The other big problem with propylene glycol is that it doesn't leave your body. It stays in the tissues and continues to build up, causing more and more damage down the road. Keep in mind that there has never been any long-range testing on the effects of these types of toxins used in various products.

The same holds true with the toxic ingredient sodium lauryl sulfate or SLS. This is another cancer-causing agent. Go look and find it in the products in your cupboard. Not only does it cause cancer, it can change the genetic structure of cells. It induces mutations in the cells. It irritates skin cells, and impairs ability for hair to grow. It has adverse effects on the heart, liver, lungs, and brain. It affects eyes; damages the immune system; and causes inflammation of the skin. All of these problems arise simply by putting this on the skin because once you put it on the skin it gets absorbed into the body. This

also is a toxic substance that does not leave the body, but continues to build up residual effects. It's in your toothpaste, your shampoo, and your soaps. This is just the tip of the iceberg. Ingredient, after ingredient, after ingredient that are commonly used in not only foods that you eat, but in the lotions, shampoos, soaps, toothpastes, deodorants, etc. categorically cause cancer and suppress your immune system causing all types of other diseases.

One of the reasons why we are sicker today than ever before is that the use of these toxic chemicals is increasing at an astounding rate. We put more poisons in our body today than ever before in history. Some researchers suggest that people today are putting ten times more toxins in their body than they were just ten years ago, and the rate continues to go up. This is why if you want to be healthy, you absolutely must understand that you are loaded with toxins, and that you must clean these toxins out. You must do a colon cleanse, a liver/gallbladder cleanse, a kidney/bladder cleanse, a Candida cleanse, a parasite cleanse, a heavy metal cleanse, and a full-body cleanse - it is imperative. I say this to you again; if you really want to be healthy, do not buy products from publicly traded companies. Do not buy brand name products. You can buy shampoos and conditioners, and soaps, toothpastes, antiperspirants, moisturizers, lotions, cosmetics, and skin care products all without the toxins. They are available. I am looking at a hand soap right now that says right on the label "no lauryl sulfates." It is all-natural and mostly organic. I am looking at a skin moisturizer made with natural oils and emollients. This product is great, it will not give you cancer, and it will not make you sick. If you want to be healthy, stop putting toxins in your body. Read the labels of the food you eat and everything you put on your skin.

STAY AWAY FROM ASPARTAME!

Aspartame is marketed as NutraSweet, Equal, and Spoonful. If it says sugar-free on the label, don't even think about it! Aspartame is so dangerous that when the temperature of this sweetener exceeds eighty-six degrees, the wood alcohol in aspartame converts to formaldehyde, and then to formic acid, which in turn causes metabolic acidosis. Formic acid is the poison found in the sting of fire ants. The methyl toxicity mimics, among other conditions, multiple sclerosis and systemic lupus. This is why MS is being diagnosed more than ever before. This is also why lupus is being diagnosed more than ever before. In my opinion, these symptoms are being misdiagnosed and the problem is simply aspartame. Aspartame also gives you symptoms of Fibromyalgia, spasms, shooting pains, numbness in your lungs, cramps, vertigo, dizziness, headaches, tinnitus, joint pain, depression, anxiety attacks, slurred speech, blurred vision, memory loss, and leads to other major diseases.

Keep in mind that diet products use aspartame so that they can claim that these are good to help you lose weight. The exact opposite is true. These chemically altered products make your body crave carbohydrates. When you are eating or drinking diet products using aspartame you are almost assured to gain weight. The poison in aspartame stores in the fat cells, particularly in the hips and thighs. When the poison stores in the fat cells; the fat cells need to dilute the poison by retaining fluid. This is why people who drink lots of diet sodas have bigger hips and thighs. Aspartame is also extremely dangerous for diabetics because it drives the blood sugar out of control. This also causes the body to convert food to fat much more easily. Children, pregnant women, and diabetics are especially at risk for neurological disorders and should never be given artificial sweeteners, particularly aspartame.

Somebody will ask, "Why isn't something being done about this?" The answer is for you to remember "It's always all about the money." Here is a prime example of how the money flow works to keep the truth hidden from you. Monsanto, the leading manufacturer of aspartame and the patent holder, funds the American Diabetic Association, the American Dietetic Association, and the Conference of the American of Physicians. This means that Monsanto in effect owns these associations. Because these associations are dependent on the money they receive from Monsanto, they have made a deal with Monsanto to not criticize aspartame to the food industry and, more shockingly, they are actually required to endorse Monsanto's products! Can you see why you can never believe anything you hear from any of these "associations"? Every single association, from the American Medical Association, the American Cancer Society, the American Heart Association, the American Diabetic Association, and on and on and on all receive money from special interest groups. When they receive the money from these special interest groups they are told what products to endorse and which ones to criticize. These associations are nothing more than mouthpieces for the multinational corporations that are secretly giving them the money to operate. Stay away from aspartame and every artificial sweetener. Stay away from Splenda. I will write more on Splenda later, but if you want to get the inside scoop on Splenda go to www.thetruthaboutsplenda.com. The bottom line here is, as I always state, do not buy any product from a publicly traded corporation. Do not buy any name brand products. Every product that you want is available from a small independent producer who is making a good quality product that will not make you sick.

THE SUN PREVENTS CANCER!

In my book I mention that the sun does not cause skin cancer, but actually prevents it. I mention in my book that sunscreens actually cause skin cancer. The research is clear. The five main ingredients used in all sunscreens categorically have been proven to cause cancer. The sun does not cause skin cancer, the sunscreens do. Certainly you do not want to get a sudden burn. When you go out into the sun wear a hat, wear long sleeves, and don't stay out in the sun that long so you don't burn your skin. However, getting sun on your skin is very important. It is so important that it is now being reported that if you want to prevent cancer you absolutely need at least twenty minutes of sun on your exposed skin. This was recently reported

by the *Associated Press*. Immediately, the manufacturers of sunscreens put out their PR campaign to squash the truth because they did not want to lose sales for sunscreens. It pains me when I see parents slathering sunscreen all over their young children. If they only knew they were giving their kids cancer. They think they are doing the right thing. They think they are helping their children, but the exact opposite is true. Never, ever, ever use sunscreen. If you must use sunscreen, go to your local health food store and read the ingredients and get a sunscreen without chemicals. They are available. However, the best thing to do is simply wear a hat and long sleeves.

NEW UPDATED *NATURAL CURES* BOOK AVAILABLE

My book *Natural Cures "They" Don't Want You to Know About* has become a runaway best seller. Over 1.5 million copies have been sold in hardcover. It is one of the fastest selling books in publishing history. Because of the incredible demand, I have updated the book and added over 250 additional pages of information. The new book is now almost 600 pages! It still will sell for \$29.95. Starting in the first week of July it will also be available in the bookstores. It is vitally important that you tell your friends, relatives, and neighbors about this book and encourage them to go to the bookstore and buy it. The new book also contains the entire "No Hunger Bread story." No Hunger Bread is a true FDA horror story. It is included in its entirety in my new *Natural Cures* book. It is one of the greatest exposés of corruption at the FDA and various agencies. It also exposes the pharmaceutical cartel and the food industry cartel, and how they work together to squash anyone that will potentially interfere with their profits. No Hunger Bread was a revolutionary discovery that helped people lose weight. It was a bread you simply made at home that tasted great, but when you ate it, it virtually eliminated your appetite and helps you to lose weight effortlessly.

In the new *Natural Cures* book we name names, and point out the corrupt individuals in the various

agencies. This new revised edition of *Natural Cures "They" Don't Want You to Know About* is sure to send shockwaves through the FTC, FDA, and the major pharmaceutical companies around the world. I highly encourage you again to tell your friends, relatives, and neighbors about the new book and encourage them to go to the bookstore and buy it. Because you are a subscriber to my newsletter, I will offer you the book at a special discount. I will sell you the new book for only \$9.95, and I won't even charge you shipping. You can buy a maximum of five books. If you want to buy the new book simply send a check or money order made payable to Alliance Publishing for \$9.95 for each book you want. Send a check to Alliance Publishing, P.O. Box 92271, Elk Grove Village, IL 60009 and enclose a piece of paper with your full name, address, city, state, zip code, telephone number, and make sure you put how many books you want. At this price I cannot accept credit cards or accept orders over the phone. Checks and money orders only, and you must mail in your order. This is a limited time offer, and I must receive your order no later than July 1, 2005. Let's help spread the word and get this book on the *New York Times* bestseller list.

BOOK REVIEW

One of the basic premises in the *Natural Cures* book is that it's "always all about the money." The reason that that is so important is because unless you really understand how government works with corporations, and are controlled by a small group of multibillionaire families, then it really is difficult for you to understand everything else I say. Even if you don't believe that greed and making money is really more important than anything else for the majority of the wealthy people in the world, at least for you to consider it is important for you to understand how "it all works." There are several great books published by Berrette-Koehler Publishers, such as *When Corporations Rule The World*; *Gangs of America: The Rise of Corporate Power And The Disabling of Democracy*; and *Confessions of an Economic Hit Man* by John

Perkins. The latter book is what I would encourage you to read. This will give you a perspective on how the money and the money brokers around the world operate; controlling the information you receive from news organizations to what ingredients go in the products you buy.

Economic hit men, as described in John Perkins' book, are highly paid professionals who cheat countries around the globe out of trillions of dollars. Their tools include fraudulent financial reports, rigged elections, payoffs, extortion, sex, and even murder. John Perkins should know because he, in fact, was an economic hit man! Read this true story and have your eyes opened to the fact that it's always all about the money!

You can purchase the book by calling 1-800-929-2929, or go to www.bkconnection.com.

HOW TO FIND A HEALTHCARE PRACTITIONER WHO DOESN'T USE DRUGS AND SURGERY

The most important thing you can do if you want to prevent and cure illness and disease without drugs and surgery is to take personal responsibility for your health! Truly, the miracle for every illness and disease, and virtually every problem you will ever experience in your life, is to take personal responsibility. You need to know that the government is not going to take care of you. Your friends are not going to take care of you. Your family does not have the responsibility to take care of you. Your boss does not have the responsibility to take care of you. Society is not going to take care of you. No one is coming to the rescue.

If you want to live a happy, successful life the number one most important thing you could ever do is to take personal responsibility for everything that happens in your life. You can not have victim mentality. You can't have "oh, poor me" mentality. You can't have "everything bad happens to me" mentality. You need to take charge of your life. You need to be the leader in your own life first. You need to

take 100 percent personal responsibility. When you do, you will see absolutely miraculous changes in your life. I am in the process of writing a book called *The Five Minute Miracle*. In this book I talk about how in just five minutes a person's life can completely change if they simply take personal responsibility. I point out and show all the facts backing up the statement that everything that's wrong in your life you are the cause of. That is hard for most people to understand because they want to point the finger at society, the government, the weather, the situation, their living conditions, their parents, and everything else around them. They want to believe that they are not the cause of what is happening in their life. This is untrue. You are the "cause" of everything that happens in your life. Most people live a life totally at the "affect" of everything that goes on around them. Most people live a life like a ship on the high seas without a rudder and without an engine, simply going wherever the wind blows and wherever the tide takes them. Most people live a life believing they

HOW TO FIND A HEALTHCARE PRACTITIONER WHO DOESN'T USE DRUGS AND SURGERY (continued)

have no control over what happens in their life; that all the situations around them are in control of their life. This is not true. You are 100 percent in control of your life and your destiny. When you wake up and apply The Five Minute Miracle, which is taking personal responsibility, everything in your life changes for the better! In relation to health, the first thing you must do is take responsibility for finding natural cures for your disease. It is your responsibility to find the CAUSE of your disease. It is your responsibility to investigate and seek out the answers. It is your responsibility to find the solutions. Many people see miraculous cures in their health when they simply wake up one morning and make the decision that they are going to beat their disease, and they are going to find the cause and the cure. I've seen people simply make that decision and within days their disease is cured. It seems miraculous, but the fact is once they made up their mind, once they made the DECISION that they were going to beat the disease their own mind and belief cured the disease!

I believe the first, most important thing you can do is take personal responsibility and make the decision that you are going to find the cause and cure for your disease. In order to do this, in my opinion the first thing you must do is seek out licensed healthcare practitioners to help you achieve this goal. I believe it is vital that you get treated by licensed healthcare practitioners and do not attempt to treat yourself. I, myself, know huge amounts of information when it comes to the cause and curing of illness and disease. I believe I know a lot about preventing disease. However, I still go and seek the advice and opinions of licensed healthcare practitioners on a REGULAR BASIS! I do this to prevent disease, gain more knowledge, and get other people's insights and viewpoints. I do not believe I'm the smartest guy in the world. I do believe that two heads are better than one. If you truly want to prevent disease, and if you truly want to cure disease, it is vital that you seek advice from licensed healthcare practitioners. It is equally important that you do not look at these people as gods or "all-knowing." It is important that you seek

several opinions and understand that you are only getting OPINIONS. You must gather the information yourself, listen to the various opinions, review the various viewpoints, and you make the decision of the course of action that YOU feel most comfortable with. Remember, it's your body, it's your health, it's your life. You take charge and take responsibility.

In order to help you find a licensed healthcare practitioner you can go to www.naturalcures.com. On my website I will be listing thousands of licensed healthcare practitioners from all around the world. It is my intention to also have these individual healthcare practitioners and clinics reviewed so that you can see what other people have experienced when they were treated by these licensed healthcare practitioners or clinics. You can also go to your local Yellow Pages and look under naturopath, chiropractor, massage therapist, colon therapist, oriental medicine, homeopathy, acupuncture, holistic medicine, or any of the other modalities that are in the "natural health care" arena. I am also providing here a list of some references that could be helpful. This certainly is not a complete list, but a good starting point. Even if you are not sick or experiencing any negative symptoms, I would strongly encourage you to see several licensed healthcare practitioners now! It is better to prevent disease than to worry about trying to cure it once you have it.

Acupressure

www.acupressure.com

Acupuncture

www.acupuncture.com

www.medicalacupuncture.org

www.aaom.org

www.nccaom.org

www.tai.edu

Alexander Technique

www.alexandertech.com

Alphabiotics

www.alphabiotics.biz

Aromatherapy

www.naha.org

www.pacificinstituteofaromatherapy.com

HOW TO FIND A HEALTHCARE PRACTITIONER WHO DOESN'T USE DRUGS AND SURGERY (continued)

Asthma

www.sorvinoasthmafound.org

Aston Patterning

www.aston-patterning.com

Ayurvedic Medicine

www.ayurveda.com

Bioenergetic Bodywork

www.bioenergetic-therapy.com

Biological Dentistry

www.biologicialdentistry.org

www.holisticdental.org

www.nihadc.com

Bowen Therapy Technique

www.bowendirectory.com

www.boweninfo.com

Callahan Technique

www.tftrx.com

Cancer

www.centurywellness.com

Candida Cleansing

www.lifeforceplan.com

Chelation Therapy

www.abct.info

www.acam.org

www.centurywellness.com

Chiropractic

www.10ac.com

www.amerchiro.org

International Chiropractors Association

www.chiropractic.org

www.worldchiropracticalalliance.org

Colon Therapy

www.i-act.org

Craniosacral Therapy

www.upledger.com

Detoxification and Cleansing

www.wecarespa.com

www.hippocratesinst.com

Drug Rehab

www.narcanon.net

Energetic Rebalancing

www.energeticmatrix.com

www.energeticbalancing.us

Feldenkrais

www.feldenkrais.com

Gentle Wind Project

www.gentlewindproject.org

Hakomi

www.hakomiinstitute.com

Healing Touch

www.healingtouch.net

Hellerwork

www.hellerwork.com

Herbal Medicine

www.herbalgram.org

www.americanherbalistguild.com

Homeopathic Medicine

www.homeopathyusa.org

www.homeopathyhome.com

www.homeopathic.com

www.homeopathic.org

www.homeopathy.org

Iridology

www.iridologyassn.org

Kinesiology

www.ask-us.org

www.icak.com

www.uskinesiologyinstitute.com

HOW TO FIND A HEALTHCARE PRACTITIONER WHO DOESN'T USE DRUGS AND SURGERY (continued)

Magnetic Field Therapy

www.naam-heart.lle.org

www.polarpowermagnets.com

Massage Therapy

www.abmp.com

www.amtamassage.org

www.aobta.org

Music Therapy, Sound Therapy

www.musictherapy.org

www.soundlistening.com

Naturopathic Doctors

www.naturopathic.org

www.calnd.org

www.findnd.com

www.hanp.net

Neuro-Emotional Technique

www.NetMindBody.com

Organic Information

www.organic-center.org

www.organicconsumers.org

www.ota.com

Orthomolecular Medicine

www.orthomed.org

Osteopathic Medicine

www.academyofosteopathy.org

www.holisticmedicine.org

www.cranialacademy.com

Reflexology

www.reflexology-usa.net

www.reflexology-usa.org

Dr. Bruce Fong

Sierra Integrative Medical Center

380 Brinkby Avenue

Reno, NV 89509

(775) 838-5388

www.centurywellness.com

Reiki

www.reiki.org

Rolfing

www.rolf.com

Rosen Method

www.rosenmethod.org

Sunlight Therapy

www.solarhealing.com

www.sungazing.com

Total Integration Therapy

www.livingfreedom.net

www.touch4health.com

Trager Approach

www.trager.com

Other Helpful Websites

www.commondreams.org

www.drrathresearch.org

www.tolifeonline.com

www.therealesentials.com

www.thematrix.com

www.eatwell.org

www.davidwolfe.com

www.sunfooddiet.com

www.lifeforceplan.com

www.mercola.com

www.thetruthaboutsplenda.com

www.healthfreedom.net

www.naturalcures.com

www.thewhistleblower.com

www.kevinfightsback.com

www.wolfclinic.com

www.whatthebleep.com

www.thecorporation.com

www.corporatewatch.org

www.personsinc.org

www.prwatch.org

www.tvnewslies.org

www.foxbghsuit.com

SUCCESS STORIES

Since I read Kevin's book it has changed every aspect of my life. I don't think the same and I don't eat the same. It has truly been an instrument to get me and my family on the path to a vibrant, abundantly healthy life. I am totally off any medications for allergies and headaches, which I never dreamed could happen. I can't quit talking about this book and I have passed it, along with the DVD, around to everyone that would have an ear to hear the truth. I owe Kevin big time because that little \$30 book has saved me thousands of dollars in medical bills, etc. I can't say enough about Kevin. Kevin, we love you and we look up to you tremendously for the work you are doing.
-Carol and David B.

I have read *Natural Cures They Don't Want You to Know About*. I love this book, and I have been following as much advice from this book as much as I possibly can, and I have seen an incredible difference. Mostly my asthma is in control, and I am not taking any medications!! I have lost weight without trying to. Just by changing my food to all organic (without the chemicals, growth hormones, hydrogenated oils and dairy products) my family and I are already seeing great changes in our health in just 4 months. I have always believed that nutrition plays a big role on your well-being, and Kevin just confirmed it for me. Thank you so much for writing the book and putting the knowledge out there. I tell all my friends and family to read the book. Good Luck
-Bruni W., Norwich, Connecticut.

When I read Kevin's book, it changed my life forever.

I learned so much. After I read the book, I went through my kitchen cupboards and discarded every thing that was bad for me and replaced them with whole and organic foods. I can't say enough how much better physically I feel. I have even lost a few pounds. I was already taking Chi Gong when I discovered the book, and now I feel that my body will benefit even more from it. I am getting ready to do the

Candida cleanse, followed by the full body cleanse. I feel so light and happy and at peace by just eating better and knowing that it makes a very big difference! My body is happier!

Thank you so much Kevin for caring enough to share your knowledge with the world.

-Deborah S.

Kevin Trudeau has my support. I have been sick almost all my life with different ailments. Now I have been uplifted through his internet site. Looking up different sources to read about and learn from has helped me and my family out in a number of different areas. Thanks for the True Information on how to get better and live longer.

-Kathy A.

Using the suggestions and information from both the website and the *Natural Cures* book by Kevin Trudeau, I have managed to lose 75 lbs in the past year and have improved my overall health.

In fact, I have missed only one day for sickness in the past year when most people I know missed 3 to 5 just on a single bout of flu and I have clients, friends and family all telling me I look no older than 38 years old.

I just celebrated my 50th birthday.

Thanks, Kevin. You're a bright light in an otherwise dismal quest for better health for all of us.

-Kimberly S.

I had known for a long time something wasn't right. I have gone on many yo-yo diets but the weight keeps coming back in spades. When I heard Kevin speak on TV it rang with some resonance. I have just recently begun changing my life but the effects were immediate. I am resting better and I have more energy. I am hoping the weight will follow. I have begun to walk at my pace, not a racer's pace, and we have a trampoline I plan to try. Kevin will be a big change in the status quo I believe. He is making a difference and hopefully he won't be silenced.

-Kenneth S.

SUCCESS STORIES (continued)

No book has ever influenced me more than the Natural Cures book. I am convinced that I will have a better quality of life because of the information here as well as live a longer, more prosperous life... no author has ever given so much, so selflessly as Kevin Trudeau and I thank God every day that I was home sick the day Kevin's program was on TV. It changed my life.

- Liz A., Riviera Beach, Florida.

Since I read Kevin Trudeau's book, *Natural Cures*, I am starting a new way of life. I am 62 years old and I got more from reading Kevin's book than I did before. I am now starting to eat the right foods and I am starting to reverse my diabetes so I could get off

these pills. This is just the beginning of the new way of eating and trying to get off these pills that I take that are slowly killing me. Thank You Kevin

S.B

Since reading Kevin's book I now longer have to take cholesterol, high blood pressure or heart medications. I'm doing it with all natural herbs and things. I am being monitored very carefully by my holistic doctor who is a DO. Thanks to Kevin I no longer have to take prescription drugs that do as much harm if not more than good. Thank you from the bottom of my heart.

- Terry K.

If you have any health questions you may contact the following health care practitioners:

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Dr.jeff@lifeforceplan.com

Visit: naturalcures.com and thewhistleblower.com

Email your Questions to:

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